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How to set timer to stop music on android

How to set timer to turn off music on android.

How do you go to sleep? According to Oblivion or do you play soft and calming music to go to sleep? Sleep at night can get a bit problematic especially if your brain hasn't just won. It can become excessively problematic if you continue to punch your phone's screen. If this is your problem, you may want to consider the use of a sleep timer on your phones to get a good night's sleep. Image of Whaalice-Moore from Pixabay in this article, we will try to set the mechanisms and the How-Tos game to set a timer on the phone. Because we face it, spend time with your phone immediately after taking a shower and conditioning your mind you have to sleep soon. Your phone is a vibrant impulse itself that comes to you when you close your eyes, desperate to attract your attention. We do not use this not to our disadvantage, but to our advantage. Why do you need sleep timer? A sleep timer is a mechanism developed by mobile phones manufacturers for the most obvious reason: help us and our phones take a break. We like to take it as an adult version of parental controls and scentime management tools designed for adults. For example, some of us use Spotify to play soft background music to help sleep or go geeky listening to podcasts while she tried to sleep a little. However, we don't want music to play all night for fear that you will drain our batteries and wake up in the middle of the night. Sleep timer helps put a stop for music playing in a specific moment. To simply put it, a sleep timer acts as a mechanism to help us sleep at the right time and also rest the use of our devices. All devices with a function of sleep timer do the same and has shown effective and advantageous. Timer setting on mobile devices Now, the question is how to set a sleep timer on our phones? It's quite simple and easy. A. How to set the sleep timer to iPhone Here is a detailed guide to set a suspension timer for iPhone users. Open the Clock app. In the lower right corner, tap timer. First of all, set the time necessary to fall asleep by scrolling the band of hours, minutes and seconds found on the upper center of the screen. Later, it's up when the timer ends, scroll down and tap Stop Playing, tap Set found in the upper right corner of the screen. Finally, tap Start highlighted in green to set a suspension timer. Screenshot from iPhone Most iPhone users tend to ignore the native clock app and put them away on the group folder. It would be advisable to keep them outside a group folder where they can easily be sighted and accessible. Furthermore, the use of this app eliminates the need for a third-party app and can save you storage space. B. How to set the sleep timer on Android Android users can also set a timer for yourself. However, Android does not have an app or mechanism integrated for this. Android users must download a third-party app to do the job. READ ALSO: 10 best apps for Sleep Tracker for Android and iOS A simple and simple app that we can recommend is Sleep Timer, an app lets you play your night, calming music and set up a countdown when it should stop. When he reaches the end of the countdown, he will fly into a soft sound in the background and eventually stops playing a peaceful sleep and stop your device from draining his juice. This app works the same way as the native research on an iPhone. You just have to set the countdown timer by moving the At the desired time and you are out of dreamland in a very short time. Download Sleep Timer for the Android setting timer on other apps we have already mentioned before developers have integrated a sleep countdown function in some apps that we enjoy every day. And since we're talking about sounds that help you to sleep, as well as listening to music, we can also listen to listening to podcasts while trying to fall asleep. A. Timer on Apple Podcasts Apple offers a series of audio materials [À € à, ~ "" Entertainment for current affairs. This makes this app a perfect alternative to the music of Spotify or Apple when trying to get a good night sleep. Here's how to set up an apparel countdown on Apple podcasts: open Apple podcasts. Touch the playback time object found at the bottom of the screen. Scroll down to navigate in the sleep timer option. Select the desired time interval or finish the episode before the timer ends. Once done, the countdown will start and the watch will show how long it was left before the device turns off. Screen from iPhone Get Apple Podcasts on the Apple App Store B timer. On Google Podcasts similar to Apple podcasts, Google podcasts offer a good catalog of audio materials every Android user will appreciate listening. Here is the guide on how to set up an countdown of sleep using the app: Open Google podcasts. Touch the episode you want to listen to. Then, tap the three points found in the lower right corner of the screen. This will show additional options. Touch the sleep timer options and then select the time interval you want to set. Screenshots from Google Podcasts Get Google Podcasts on the Google Play Store C. Timer on Spotify Spotify is the world's most famous app for music and streaming the podcast. For many, it's the app go to get their music or listen to discussions about current business. Recently, Spotify included the sleep timer option in its interface for the purpose we have established at the beginning of this article. Here is the step-by-step guide to set the countdown of sleep via Spotify: open the Spotify app. On the Playback Now screen, tap the three points found on the upper right corner of the screen. The screen will display various options. Scroll down and touch Sleep Timer. Finally, the screen will display the time intervals you want to set the countdown and also includes a fine track option. Set the interval you want and you are good to go. Screenshot from Spotify Download Spotify for Android Download Spotify for iOS Ready to set the sleep timer? Sleep is vital to humans: Get enough sleep results in a better arrangement and mood the next day. Waking up with a chronic lack of sleep results in results not so favorable and nobody likes it. With the various distractions the modern life has given us, it is also easy to thule and ignore the benefits of a good night sleep. Of course, we cannot excuse health conditions that sometimes determine the incapacity to sleep as insomnia. However, modern technology is not so bad and a Bana to sleep. In fact, developers take into consideration as these apps can help improve the way we live our lives. The integration of the sleep timer is only a result of these considerations. We hope this small article help you get a good night's sleep and wake up energized and good humor. Tuck in, pull out your favorite music or relaxing podcast and for Dreamland go! You are sorry to interrupt the interruption of errors all have this habit of listening to their favorite music playlists and enjoying the blessed feeling that accompanies it. Many of us usually tend to listen to night music before sleeping, for the sense of calm and peace offers. Some of us have even fight with insomnia and music can offer a highly advantageous solution to it. It relaxes us and takes off our mind from any stress and anxiety that could have bothered us. At present, the current generation is actually the creation of new waves by taking music forward and ensuring that it reaches all the corners and cracks in the world. Streaming platforms Like Spotify, Amazon Music, Apple Music, Gaana, Jiosaavn and so on they are available for everyone to access. When we listen to music right before going to sleep, it is very likely that we are pushing a listening. Although this is entirely involuntary, there are many drawbacks associated with this scenario. The primary and principal question regarding this situation is the health risks that can arise Listening to music through headphones for prolonged periods of time. This can take a dangerous turn if you stay connected to the headphones during the night and increases your chances to deal with hearing problems. Apart from this, another tiring problem that accompanies this is the drainage of your device's battery, be a phone or tablet, etc. If the songs continue to play on your device during the night involuntarily, the charge runs out in the morning as we wouldn't have ticked in a socket. As a result, the phone will turn off by morning, and this will arise a great annoyance when we have to leave for work, school or university. You will also take a toll on your device's life on prolonged periods and may cause long-term problems. As a result, it is crucial to learn how to automatically turn off music on Android. An obvious solution to this problem is off vigilant by streaming music right before entering. However, most of the time, we start sleeping without realizing it or be aware of it. So, we arrived à c](#)

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